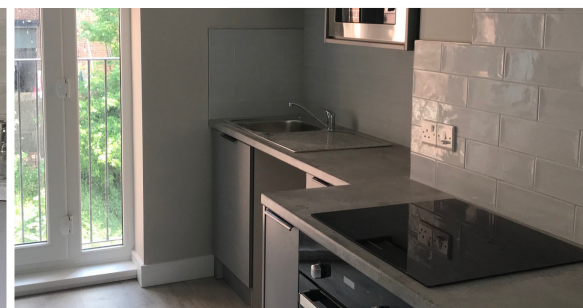
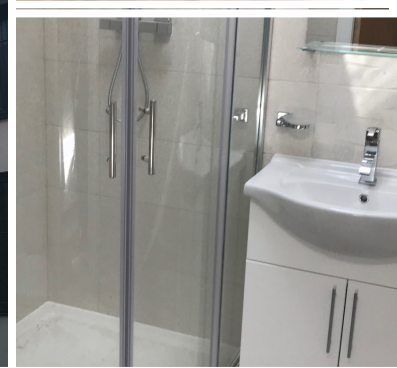









CANNON STREET FLATS

Preston, Lancashire



Welcome to Cannon Street: located in the heart of Preston City Centre, Cannon Street offers eight self-contained flats designed for adults with mental health needs. The service has close partnerships with Community Mental Health Teams (CMHTs) and we have internal expertise in mental health to share best practice across our wider network of services in the area. We use a strengths-based practice model, aligned with the principles of recovery – supporting individuals to build on their abilities, regain independence, and achieve their personal goals in a safe and empowering environment.

BEING ACTIVE IN YOUR COMMUNITY

-  Close to local supermarkets and walking distance to city centre shops and amenities.
-  There is a GP surgery within 5 minutes walk.
-  Lots of food outlets and takeaways – we also have a new cinema and food outlet Cosmo's which opened in 2025.
-  10 minute walk to train station
-  10 minute walk to the bus station and you can get most buses at the top of Cannon Street.

Our support staff are trained to work with a personalised approach using things like the recovery star mode I.

This is an ideal placement for people moving from residential settings to increase independence in a supportive environment. The service is staffed 24 hours a day with 1:1 support shaped around needs - with a Key Worker model and consistent team.

People who live at Cannon enjoy a range of activities based on personal choice. These activities can vary from a coffee at the local shops to a full day out doing something more specific. We have some individuals who like to go to the gym and take part in exercise classes.

FEEDBACK ABOUT THE SERVICE...

"Cannon Street is a great place to live and staff are always helpful and supportive." (KR flat 8)

Person Supported

"People are always well supported and the staff are always very professional."

Professional (Community Mental Health Team)

WHY POTENS?

We remain committed to '**Supporting your Choice**'

We have over 35 years' experience of delivering specialist community, residential, supported living, respite, educational and day opportunities services for children and adults with learning disabilities, autism, mental health and complex needs.

4 REASONS TO CHOOSE POTENS

Our values are (STEP):

SHARED LEARNING

We will build and share our knowledge, skills, attitudes and understanding so that everything we do is to the best of our combined abilities.

TRUST

We will make sure we are reliable by communicating in a truthful and easy-to-understand way.

EQUALITY

We will treat people as individuals and give them the same opportunities. Through personalisation, we will empower people to make choices and overcome obstacles.








POSITIVE REGARD

We will recognise and respect that everyone is different. We will adapt our support so people can positively grow.

WE SUPPORT A RANGE OF INDIVIDUALS:

- Complex Mental Health
- Historic alcohol & Substance misuse
- Male and Female
- Aged 18+ (including over 65)

KEY FEATURES

-  **8 self-contained flats over 3 floors**
-  **Neutral personal flats, personalisation**
-  **24/7 core support on site**
-  **In the heart of the city centre**
-  **Good access to community resources**
-  **Beautiful scenery; near to Avenham Park.**
-  **Accessible transport links**

To learn more about living at Cannon Street or to make a referral/arrange a visit contact our manager:

Geraldine Kilbane
Geraldine.Kilbane@potens-uk.com
01772 561138

OR

Diane Stanley
Business Development Manager
Diane.Stanley@potens-uk.com
07384561330

www.potens-uk.com



@Potens_UK



Potens-UK

