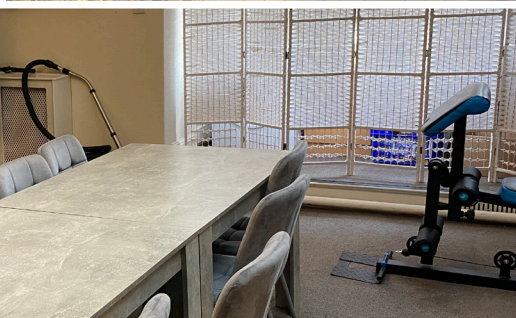




CAE GLAS SPECIALIST NURSING HOME

*DENBIGH
NORTH WALES*








Cae Glas is a specialist adult mental health nursing home with 22 beds over three floors.

Cae Glas has the added bonus of having a highly skilled nurse on site 24 hours a day, using their clinical expertise in assessment and leadership of the service. We use slow and steady rehabilitation strategies which are always led by the individual in our care.

Cae Glas has a large dining room, two lounges, an activity room, rehabilitation kitchen and beautiful rear gardens.

BEING ACTIVE IN YOUR COMMUNITY

-  Aldi, Lidl, Morrisons and Home Bargains less than a minutes walk away. Leisure and retail establishments nearby.
-  3 choices of GPs with the nearest being a two minute walk. Chiropractor Park Clinic less than a 5 minute walk.
-  Italian, Chinese and Indian restaurants nearby. Various Café's wand takeaways and fastfood places.
-  The nearest train station is a bus ride away at Rhyl Station. Travel to Bangor, Chester or Liverpool; direct train to London.
-  Regular buses run to and from Denbigh to Rhyl. From Rhyl you can visit Llandudno or Prestatyn on the bus.

Activities include Cymraeg, Crafts, Gardening, Exercise including chair aerobics, Cooking, Pool Tournaments and Aromatherapy. Each weekend we have a group outing available to visit attractions across North and Mid Wales and North West of England. Chester Christmas markets, Anglesey fossil museum, beach trips, cinema, castle trips, car boots and arcades are all options to attend.

FEEDBACK

- "I have purchased a bike for myself and enjoying going for a bike ride."
- "I have been growing in confidence to go out in the community more."
- "I've enjoy regular guitar lessons, visiting space centre and going to regular shows."

People we Support

"Cae Glas does an amazing job looking after people and promoting them being part of the local community. I believe that they always go above and beyond and staff should be commended for their excellent work."

Professional

"There is a focus on facilitating positive risk-taking for people, aligned with their individual needs, goals, and aspirations.....Positive outcomes for people include improved and consistent sleep patterns, healthy weight loss, healthy weight gain, and periods of stabilised mental health and well-being,"

CIW Inspector

WHY POTENS?

We remain committed to '**Supporting your Choice**'

We have over 30 years' experience of delivering specialist community, residential, supported living, respite, educational and day opportunities services for children and adults with learning disabilities, autism, mental health and complex needs.

4 REASONS TO CHOOSE POTENS

TRUST

Ensure that all communications are truthful, understandable to those it affects and maintains the relationship of reliability.

POSITIVE REGARD

Recognising and respecting the differences that every individual brings, both good and bad, and making the necessary adjustments to assist individuals to positively grow.

SHARED LEARNING

An undertaking to: the sharing of knowledge, skills, attitudes and understanding which would ensure that any activity that will be undertaken, will be done to the best of our collective abilities.

EQUALITY

Treating everyone differently in order to afford them the same opportunities. Through personalisation, empowering individuals to make choices and overcome obstacles.

ADMISSION CRITERIA:

- Enduring Mental Illness
- Nursing service
- Male and Female
- Aged 18+ (including over 65)



22 single bedrooms over three floors



We encourage personalisation of bedrooms



Beautiful garden at the back of the property



Communal areas with space for activities



Communal lounge and kitchen



Short walk from local amenities



Welcoming community

KEY FEATURES

What Happens Next?

It all starts with an informal chat with one of our managers. They will build an understanding of an individual's needs and preferences, making sure the service is right for them.

To learn more about independent living at Cae Glas or make a referral or arrange a visit by contacting our manager:

Registered Manager: Keely Holliday

Keely.Holliday@potens-uk.com

Call: 01745 812881

Business Development Manager: Diane Stanley

Diane.Stanley@potens-uk.com

07384561330



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