Potens
supporting YOUR choice
SINCE 1989

GOOD DAYS PROJECT

OUTREACH & SUPPORTED LIVING SERVICES

OUTREACH & SUPPORTED LIVING

Supporting adults to live confidently, independently, and connected within their community...

Our Outreach Support Service offers practical, flexible, and personalised support for adults who may need a little extra help in their day to day lives.

Whether someone is living with a long term condition, facing social isolation, experiencing changes in their wellbeing, or simply needs support navigating services, our team is here to help.

WHAT WE OFFER...

- One to one personalised support tailored to individual needs and goals
- Home visits from friendly, trained staff
- Help building daily living skills, such as budgeting, organising appointments, or maintaining a healthy routine
- Support accessing community resources, groups, and activities
- Practical guidance, including form filling, or signposting to specialist services
- Emotional support, providing a listening ear and encouragement
- Confidence building to help individuals regain independence and reconnect with their community
- Our minimum visits are 3 hour blocks

Who It's For...

Adults in the community who:

- Would benefit from practical day to day support
- Need help accessing services or activities
- Are looking to build independence and increase wellbeing

Approach

Working alongside each person empowering individuals to make choices, set goals, and take positive steps forward.

Our service is designed around what matters most to each individual.

"The staff worked with each individual in a person centred way and went 'above and beyond' ensuring the service was meeting people's needs ."

Healthcare Professional

WHY POTENS?

We remain committed to **'Supporting your Choice'**

We have over 35 years' experience of delivering specialist community, residential, supported living, respite, educational and day opportunities services for children and adults with learning disabilities, autism, mental health and complex needs.

4 Reasons to Choose Potens

Our values are (STEP):

SHARED LEARNING
We will build and share our knowledge, skills, attitudes and understanding so that everything we do is to the best of our combined abilities.

TRUST
We will make sure we are reliable by communicating in a truthful and easy-to- understand way.

EQUALITY
We will treat people as individuals and give them the same opportunities. Through personalisation, we will empower people to make choices and overcome obstacles.

POSITIVE REGARD
We will recognise and respect that everyone is different. We will adapt our support so people can positively grow.

How to Access the Service

Referrals can be made by individuals, families, carers, or professionals. For more information or to arrange a visit, contact our team at:

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