

Oak Unit is a Registered Residential assessment & rehabilitation unit for people with mental health issues and complex needs.

Support is provided to encourage independence & relapse intervention strategies with rehabilitative support focused on the outcomes of the Mental Health Recovery Star.

Encouraging inclusion in the local community, Oak is a welcoming, supportive and stimulating residential service ready to welcome new people and support them in leading an independent life.

BEING ACTIVE IN YOUR COMMUNITY



Located near to plenty of shops including supermarkets such as Aldi and Asda and local high street shops such as Boots.



GP Medical Centre is just 7 minutes away and an 18-minute journey to Llandudno Hospital.



A wide selection of fast food, restaurants and pubs nearby - just a short walking distance away.



Colwyn Bay Train Station is a five-minute car journey away.



Local bus routes throughout the town with connecting links to Liverpool, Llandudno and other parts of Wales.

The Oak Unit in Queens Court is close to the community Centre and activities of Old Colwyn. The local Welsh Mountain Zoo, Conwy Castle and Colwyn Bay promenade. Colwyn Market also has a monthly Artisan Market. There are many gardens and local nature reserves nearby.

We have a therapeutic room where people can come together to socialize, play pool/darts, knit, learn sign language, arts & crafts and much much more! We run different themed events for people to get involved in if they choose to.

People also have access to a large garden area with decking providing seating, a BBQ and garden games that everyone enjoys when the weather is nice.

FEEDBACK ABOUT THE SERVICE...

"Can I thank you and the staff of Queens Court for your support and guidance you have provided to G. His stay with you has been very beneficial and it is good to see his progress".

Health Professional

"People are proud of how much they have achieved and know they have plans in place to progress further. They value the choice and control they have in the home and feel respected and listened to."

CIW Inspector

WHY POTENS?

We remain committed to 'Supporting your Choice'

We have over 35 years' experience of delivering specialist community, residential, supported living, respite, educational and day opportunities services for children and adults with learning disabilities, autism, mental health and complex needs.

REASONS TO CHOOSE POTENS

Our values are (STEP):

SHARED LEARNING

We will build and share our knowledge, skills, attitudes and understanding so that everything we do is to the best of our combined abilities.

TRUST

We will make sure we are reliable by communicating in a truthful and easy-to- understand way.

EQUALITY

We will treat people as individuals and give them the same opportunities. Through personalisation, we will empower people to make choices and overcome obstacles.

POSITIVE REGARD

We will recognise and respect that everyone is different. We will adapt our support so people can positively grow.

WE SUPPORT A RANGE OF INDIVIDUALS:

- Complex Mental Health
- Historic alcohol & Substance misuse
- Male and Female
- Aged 18+ (including over 65)







Enclosed rear paved area.

Communal areas with space for activities.

Residential provision.

Short walk from local amenities.

Beautiful scenery and near the beach.

To learn more about independent living at Oak or make a referral or arrange a visit by contacting our manager:

Sharon Feehan Sharon.feehan@Potens-uk.com 01492 516732

OR

Diane Stanley Business Development Manager Diane.stanley@potens-uk.com 07384561330







