

**Middleton Lodge** provides specialist residential support for up to 10 individuals in a spacious detached bungalow in Middleton St George, Darlington.

- The service is situated in the centre of Middleton St George in Darlington.
- Middleton Lodge is very close to various public transport links with easy access to nearby towns and cities such as Darlington, Stockton on Tees and Middlesborough.

# WHAT WE ENJOY DOING @ MIDDLETON LODGE

- Garden games
- Trips out on the mini bus to the beach, Whitby Flamingo Land & the Zoo
- Meals out
- Bingo
- Gateway club
- Attending hairdressers/barbers
- Pamper sessions
- Music nights and karaoke

- Games night
- Baking
- Shopping
- Cinema
- Bowling
- Swimming
- Horse-ridding
- Movie night
- Quiz Nights

# LOCAL COLLEGES

### **DARLINGTON COLLEGE**

A bus ride away just out of the town centre

#### MIDDLESBROUGH COLLEGE

Accessible by train

### STOCKTON COLLEGE

Accessible by train and bus

### FEEDBACK ABOUT THE SERVICE

"The service has a brighter look, and the new developments are lovely".

**Community nurse** 

"The homes appearance is warmer and more welcoming"

Family member

"I love the sensory room and the kitchen. It's wonderful and when I see people in the kitchen they are always smiling."

**Family member** 

"The sensory room is a great addition to the service."

Commissioner Darlington

### WHY POTENS?

We remain committed to 'Supporting your Choice'

We have over 30 years' experience of delivering specialist community, residential, supported living, respite, educational and day opportunities services for children and adults with learning disabilities, autism, mental health and complex needs.

# REASONS TO CHOOSE POTENS

### **TRUST**

Ensure that all communications are truthful, understandable to those it affects and maintains the relationship of reliability.

### **POSITIVE REGARD**

Recognising and respecting the differences that every individual brings, both good and bad, and making the necessary adjustments to assist individuals to positively grow.

### SHARED LEARNING

An undertaking to: the sharing of knowledge, skills, attitudes and understanding which would ensure that any activity that will be undertaken, will be done to the best of our collective abilities.

# **EQUALITY**

Treating everyone differently in order to afford them the same opportunities. Through personalisation, empowering individuals to make choices and overcome obstacles.

### **WE SUPPORT A RANGE OF INDIVIDUALS:**

- Learning disabilities
- Challenging behaviour
- Autism
- Male and Female
- Ages 37-72

Middleton Lodge offers a warm and welcoming environment which is staffed 24/7. Individuals are provided with emotional and practical support they need to live life to the full and engage in community activities. Our service takes a person centred approach, focused on positive outcomes for each individual.









Large front and rear gardens

**Local amenities** 

**Communal kitchen** 

🧩 Short walk from village centre

**Local transport networks** 

To arrange a viewing or find out more about the service please

contact:

# **CHRISTINE FINNIGAN**

christine.finnigan@potens-uk.com 01325 333993

www.potens-uk.com





