

# **SEGAL GARDENS**

436 FLEET LANE PARR, ST HELENS MERSEYSIDE WA9 2NH



Segal Gardens is a specialist residential service based in St.Helens supporting individuals with autism, mental ill health, learning disabilities and complex needs.

Segal Gardens comprises of three distinct services: Segal House, Oakwood House and Berry Bridge House, each able to support 5 people. The houses are set within a three-acre site with lots of outdoor space including a sensory garden and planting area.

We then also have the historical country park on our doorstep so there is plenty of green space for people to enjoy.

In addition we have a separate large communal building that is used for everything from social events to activities and family meetings and reviews.

# Segal House

Segal House can provide 24/7 specialised support and facilities for adults with learning disability, autism and complex needs.

With three ground floor rooms and two first floor rooms plus additional lounge, dining and kitchen we are able to provide person centred support in a homely environment.

Our skilled staff team are experienced in person-centred support and our range of services and strategies can support individuals to effectively manage behaviours that may challenge.

# **Oakwood House**

Oakwood House is a purpose built property that can provide 24/7 support for both male and female with a learning disability/autism.

The property is homely and decorated to a high standard, it can also accommodate five people, all rooms have ensuite facilities.

Our holistic approach is person-centred and promotes positive outcomes and development of skills for life.

We work with individuals, and those significant in their lives, to set and achieve short, medium and long-term goals.

These may change over time; our staff support and encourage the people we support to be actively engaged in reviewing their support plans.

# **Berry Bridge House**

Berry Bridge House was also purpose built and can provide 24/7 support for five male adults with mental health needs. The accommodation is both spacious and homely, all rooms have ensuite facilities.

At Berry Bridge House we understand that when people experience mental health conditions that they are supported in retaining their independent life skills, staff do however recognise that some people may experience enduring mental health conditions which may impact on their social behaviour and life skills.

Therefore, it is important that we support the individual in ensuring that they receive the appropriate support and interventions from external professionals involved in their care pathway.



- Segal Gardens has an overall CQC rating of Good, with an Outstanding rating for the Care.
- Segal Gardens will ensure that throughout the delivery of the service the needs identified within the individual's care and support plans are met through person centred support.
- The service offers extensive opportunities including education, sensory room, hot-tub and horticulture, the gardens are maintained to a high standard ensuring a calming and peaceful environment accessible to all.
- Segal Gardens has a commitment to promote individual independence by inclusion, involvement and participation.
- Staff employed at Segal Gardens are skilled and experienced in an active support model of care which enables, empowers the individual, ensuring choice and control so as the people we support can live as independently as possible.

# **Getting involved in our community.**

The staff team at Segal Gardens support and encourage those we support that it is all about enjoying life and supporting individuals to reach their maximum potential in activities which are meaningful to them.

Segal Gardens offers a wide range of activities in the local area such as days to the beach, visits to the zoo, bowling, shopping for those who enjoy retail therapy & much more! As well as social and vocational activities in the local area, in house activities.

# <sup>44</sup> Always feel supported and I know I am part of an excellent team who always put the people's best interests first and foremost. <sup>97</sup>

Staff member

The service is accessible to St Helens town centre, has excellent transport links via M6 and M62, in addition there are regular public transport links to all of the large towns/ cities of the Northwest.



I am always confident in the service delivered. The managers and staff are committed to a high standard of support and communicate effectively with me. ?? Social Worker

<sup>64</sup> Segal Gardens has given me the chance to become more confident and keep working hard and focus on myself and others in the workplace. It has increased my social skills and made me into a proud confident young woman. ?? Staff member



I don't think Segal Gardens could do any better they work hard.... I have no concerns at all, it is a very well run care home the management and staff are very polite and caring. 
Family Member

## WHY POTENS?

#### We remain committed to 'Supporting your Choice'

We have over 30 years' experience of delivering specialist community, residential, supported living, respite, educational and day opportunities services for children and adults with learning disabilities, autism, mental health and complex needs.

#### TRUST

4 Reasons to Choose Potens

Ensure that all communications are truthful, understandable to those it affects and maintains the relationship of reliability.

#### **POSITIVE REGARD**

Recognising and respecting the differences that every individual brings, both good and bad, and making the necessary adjustments to assist individuals to positively grow.

#### SHARED LEARNING

An undertaking to: the sharing of knowledge, skills, attitudes and understanding which would ensure that any activity that will be undertaken, will be done to the best of our collective abilities.

#### EQUALITY

Treating everyone differently in order to afford them the same opportunities. Through personalisation, empowering individuals to make choices and overcome obstacles.

### What Happens Next?

It all starts with an informal chat with one of our senior staff. They will build an understanding of an individuals needs and preferences, making sure the service is right for them. To Learn more about Segal Gardens contact:

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