

Arbour House School Timetable

Key Stage 4 & 5 (Years 10/11/12/13)

Every day 9.00 - 9.30 am starts with Check -In on the 'My Feelings Chart', followed by O.T./Motor Skills/Sensory Integration activities.

'My Feelings' Check-In and O.T/Sensory/Motor Skills activities can be re-visited as often as necessary during the day, and a flexible approach may be necessary to best meet the needs of pupils.

9.00 am Check-In	9.30 - 12.15	12.15 -12.30	12.30 - 13.15	13.15 – 14.00	14.00 - 14.45	14.45- 15.00
Mon	Accessing the Community/Travel Training	Review Targets	<u>Lunch and Leisure</u> Social Skills & Games	English	Creative Curriculum	Review Targets – Celebrating Success
Tues	Physical Education			Maths	Vocational Learning	
Wed	Work Experience/Work Placement			English	Thrive or Yoga <i>(*Alternating Fortnightly)</i>	
Thurs	Learning about Work and/or Travel Training			Maths	Vocational Learning/ or Science	
Fri	Life and Living Skills			Special Interest Time – Celebrating Success/Reward Time		

ICT should be embedded within all areas of the curriculum and is not timetabled as a separate subject.

Pupils may also have additional timetabled THRIVE sessions during the day, as appropriate.