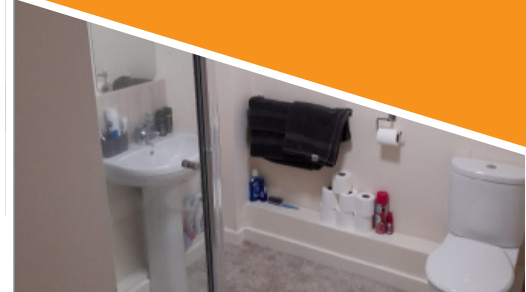




# CECIL COURT LANGLEY MOOR CO DURHAM








At **Cecil Court**, people benefit from a vibrant network of staff and friends, while having peace and quiet when they need it.

We support adults in developing their life skills, and in doing so, help to nurture their potential to be active members of their community.

The property has 18 one-bedroom apartments which offers an open plan kitchen and living room, a bathroom with fitted shower and a large storage cupboard. People also have access to an accessible garden with a patio area.

# BEING ACTIVE IN YOUR COMMUNITY

-  Lidl and Tesco and other convenience stores a short walk away.
-  GP is only a few minutes away and Dentist located in Darlington city centre.
-  Langley Moor has several local café in walking distance and plenty of pubs/restaurants a short drive away.
-  Durham train station is less than 10 minutes away with great links to town and city centers.
-  There is a bus stop a very short walk away from the front door.

Cecil Court is in the heart of Langley Moor village close to convenience stores, supermarket, takeaways, hair salon and post office.

For people who like to stay active, Meadow field Leisure Centre has a gym, fitness classes, a sports hall and squash & badminton court and a swimming pool.

People also like to visit Durham which provides access to Durham Castle & Cathedral, Gala Theatre and Cinema, Shopping Centers and Museums, Durham Market Places, Crook Hall and Gardens.

## FEEDBACK ABOUT THE SERVICE

**“ The manager was proactive and spoke positively and passionately about the welfare of the tenants and staff ”**  
*CQC Inspector*

**“ Perfect environment, feels very supported and is looking forward to living here for a long time ”**  
*Person We Support*

**“ Staff were amazing, very hospitable ”**  
*CPN*

**“ We appreciate the excellent advice and support the staff give us ”**  
*Relative*

## WHY POTENS?

We remain committed to **'Supporting your Choice'**

We have over 30 years' experience of delivering specialist community, residential, supported living, respite, educational and day opportunities services for children and adults with learning disabilities, autism, mental health and complex needs.

# 4 REASONS TO CHOOSE POTENS

## TRUST

Ensure that all communications are truthful, understandable to those it affects and maintains the relationship of reliability.

## POSITIVE REGARD

Recognising and respecting the differences that every individual brings, both good and bad, and making the necessary adjustments to assist individuals to positively grow.

## SHARED LEARNING

An undertaking to: the sharing of knowledge, skills, attitudes and understanding which would ensure that any activity that will be undertaken, will be done to the best of our collective abilities.

## EQUALITY

Treating everyone differently in order to afford them the same opportunities. Through personalisation, empowering individuals to make choices and overcome obstacles.

## WE SUPPORT A RANGE OF INDIVIDUALS:

- Mental health conditions
- Epilepsy
- Autism
- Males and females aged 18+

### KEY FEATURES

-  **18 one bedroom apartments**
-  **Personalised room & décor**
-  **Large accessible garden & patio area**
-  **Communal areas with space for activities**
-  **Communal kitchen**
-  **Short walk from local amenities**
-  **Excellent local transport networks**

### What Happens Next?

It all starts with an informal chat with one of our managers. They will build an understanding of an individuals needs and preferences, making sure the service is right for them.

To learn more about living at Cecil Court to make a referral or arrange a visit contact our manager:

#### **KELLY SANDERS**

*Service Manager*

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