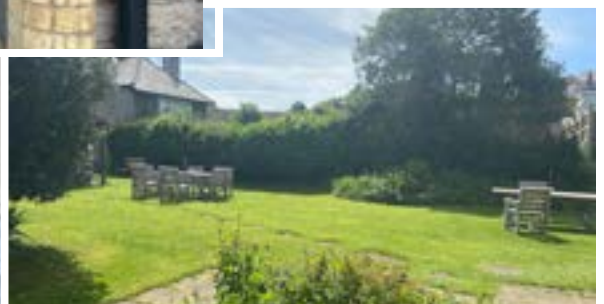









CAE GLAS DENBIGH NORTH WALES



Cae Glas is an independent care home registered with Care Inspectorate Wales providing 24 hour nursing care to residents over the age of 18 years who have a primary diagnosis of a Functional Mental Illness.

Care is provided by qualified mental health nurses and suitably trained support workers in order to support residents and relieve symptoms of their mental illness. The aim is to promote independence and support people to integrate into the community.

BEING ACTIVE IN YOUR COMMUNITY

-  We're spoilt for choice with supermarkets – Aldi, Lidl, Morrisons and Home Bargains are all close by.
-  The GP practice is just across the road.
-  Cafes, restaurants, chip shops, cafes and takeaways near by.
-  The nearest train station is a 20 min drive in Rhyl and has regular services into Chester, Liverpool, Llandudno and Anglesey.
-  There is a bus stop is outside the door, with regular local services to Rhyl, Ruthin and Wrexham.

Denbigh is located in a great location having the benefit of being semi-rural but within easy access of neighboring larger towns and the City of Chester. In Denbigh there are several shops, cafes, takeaways, banks, a college, leisure centre, library, theatre and a post office. There is also a regular market held in the town.

We employ a Recovery Co-ordinator who usually works Mon to Fri and organizes lots of activities including, cooking sessions, trips out, arts and crafts, games, pool and dart competitions, chair aerobics and aromatherapy to name a few!

FEEDBACK FROM THE PEOPLE WE SUPPORT

“ Great to get to the zoo and have loads of photos. ”

“ It makes me feel better to get out, I feel refreshed when I've been out. ”

“ I love going to café's. ”

“ I enjoy going for long walks. ”

WHY POTENS?

We remain committed to **'Supporting your Choice'**

We have over 30 years' experience of delivering specialist community, residential, supported living, respite, educational and day opportunities services for children and adults with learning disabilities, autism, mental health and complex needs.

4 REASONS TO CHOOSE POTENS

TRUST

Ensure that all communications are truthful, understandable to those it affects and maintains the relationship of reliability.

POSITIVE REGARD

Recognising and respecting the differences that every individual brings, both good and bad, and making the necessary adjustments to assist individuals to positively grow.

SHARED LEARNING

An undertaking to: the sharing of knowledge, skills, attitudes and understanding which would ensure that any activity that will be undertaken, will be done to the best of our collective abilities.

EQUALITY

Treating everyone differently in order to afford them the same opportunities. Through personalisation, empowering individuals to make choices and overcome obstacles.

WE SUPPORT A RANGE OF INDIVIDUALS:

- Mental Health Issues
- Male and Female
- Aged 18+ (including over 65)
- 24 hour nursing care led

KEY FEATURES

-  **25 bedrooms**
-  **Personalised room & décor**
-  **Large garden areas**
-  **Activity Room**
-  **Communal lounge and kitchen**
-  **Short walk from local amenities**
-  **Excellent local transport networks**

What Happens Next?

It all starts with an informal chat with one of our managers. They will build an understanding of an individuals needs and preferences, making sure the service is right for them.

To learn more about Cae Glas

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www.potens-uk.com



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Potens-UK

