

# ACHIEVE WITH US

TEL: 01455 890494

**otens**  
supporting YOUR choice



Achieve With Us



A community support service for people with additional support needs aged 18 +

- ▶ Flexible support options tailored to individual needs, including evenings, weekends, short breaks and supported living.
- ▶ Long standing, well established and highly motivated staff team trained to a high standard.
- ▶ Opportunities to develop social and life skills, including access to education and work experience .
- ▶ We promote choice, personal development, social inclusion, fulfilment and endless fun!
- ▶ Fully flexible service tailored to individual needs, preferences, aspirations and goals.



# Opportunities to Improve Life Skills



“I’m happy. I’ve made friends.”

Person we support

“He does so much more for himself because of the support he gets and is more confident than ever”.

Family Member

“{Person} is so much happier now”.

Family Member

“We are very privileged to be able to work with the staff and clients at Achieve with Us”.

Stakeholder



# What We Do

Our highly skilled and dedicated staff team provide a range of support options including group activities, 1:1 support, outreach and Personal Assistants. Achieve With Us has a family feel and we ensure that there is always an emphasis on supporting people to develop their confidence and build on social and life skills. The service is fully flexible and tailored to need, with the key objective of supporting each person to reach their full potential, whilst maximising their independence and enjoyment of life. Outcomes for each person are achieved through a personalised pathway of support and activities, but can include:

- ▶ Work Experience
- ▶ Skills and Education
- ▶ Health, Wellbeing and Fitness
- ▶ Crafts, Design and Arts
- ▶ Dance, Music and Drama
- ▶ Social and Life Skills



- ▶ Travel, trips and short breaks
- ▶ Social enterprise – work in our very own shop!
- ▶ Community based activities
- ▶ Personal Assistant services
- ▶ Support in your own home

We support people with a wide range of needs and complexities; we will take the time to talk through your individual circumstances, understand your needs and look at innovative ways we can support you. We offer free taster sessions; call our offices for a chat and arrange to come and see us in action!.

# About Potens

Potens provides a range of services for adults and children with learning disabilities, mental health diagnosis and acquired brain injury; including those on the autistic spectrum and those with Korsakoffs Syndrome.

Service types include residential care homes; single and multiple occupancy supported living; domiciliary care services, respite and short-breaks and day opportunities nationally.

Our service are regulated by the Care Quality Commission (CQC; the Care and Social Services Inspectorate for Wales (CSSIW); or the Regulation and Quality Improvement Agency (RQIA) in Northern Ireland.

Regulators carry out inspections to ensure we comply with their regulations and provide high quality care and support to each person.



A member of our friendly team would be happy to discuss your circumstances and explore how we can offer support. Please get in touch via phone or email



## CONTACT:

To make a referral or to chat through opportunities contact:

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