

**Pendle View** is a residential service providing accommodation & intensive support for adults with mental health needs. The service is located in the heart of East Lancashire within the town of Nelson.

Our team supports people with the skills to enable them to take control, increase their independence and reduce support overtime in line with their need.

We have many examples of individuals moving onto supported living/own tenancy as part of a pathway to independent living.

#### **WE SUPPORT A RANGE OF INDIVIDUALS:**

• Mental health needs

- Dual Diagnosis: personality disorder, bi-polar, schizophrenia, depression, poor motivation, self harm.
- Age 18+ Male and Female.

Support is offered to encourage independence & crisis management within a safe homely environment.

The service provides a person centred, recovery focussed approach to achieving goals and positive outcomes.

Accessing appropriate support and liaison with local professionals and organisations focused around the ten outcomes of the Mental Health Recovery Star.

Support Staff work in partnership with external professionals to involve residents with local therapeutic resources such as CPN's, mental health clinics and substance misuse teams.

#### THE SERVICE COMPRISES OF:

- Large Terraced House
  - **5** spacious bedrooms across 2 floors
  - Large communal lounge & dining area
  - Accessible courtyard area
  - **Close to local amenities and services**
- **Short distance from town centre** 
  - **Good local transport networks**

#### **WHY POTENS?**

We remain committed to **'Supporting your Choice'** 

We have over 30 years' experience of delivering specialist community, residential, supported living, respite, educational and day opportunities services for children and adults with learning disabilities, autism, mental health and complex needs.

# REASONS TO CHOOSE POTENS

#### TRUST

Ensure that all communications are truthful, understandable to those it affects and maintains the relationship of reliability.

## **POSITIVE REGARD**

Recognising and respecting the differences that every individual brings, both good and bad, and making the necessary adjustments to assist individuals to positively grow.

## **SHARED LEARNING**

An undertaking to: the sharing of knowledge, skills, attitudes and understanding which would ensure that any activity that will be undertaken, will be done to the best of our collective abilities.

## EQUALITY

Treating everyone differently in order to afford them the same opportunities. Through personalisation, empowering individuals to make choices and overcome obstacles.

# SUCCESS STORY...

#### Encouraging inclusion in the local community

Before she moved to Pendle View, Annie had spent over 20 years in a restricted secure unit, followed by an admission in hospital which lasted for over 3 months.

She has now found a home at PendleView.

After many years of institutionalised care she had lost the ability to care for herself. With staff support, she is learning new skills: cooking meals not only for herself, but other people she lives with and is happy and motivated. She has also found a new skill in ironing and is learning new skills and tasks on a weekly basis.

The staff team feel that with the right support and encouragement, overtime, Annie will be able to move to a supported living accommodation setting.

**Annie said:** "I had spent most of my life in hospitals, moving from one area to another, now my home is Pendle View where I am learning new skills all the time."

To arrange a viewing or find out more about the service please contact the team on:

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