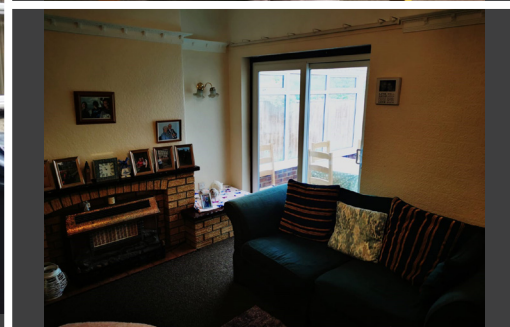




NORTH EAST SUPPORTED LIVING

DARLINGTON








North East Supported Living (NESL) is ready to welcome new people & support them to lead an independent life.

We currently support 12 people across 5 homes in the Darlington area. The staff team are dedicated professionals who are passionate about providing quality care and support to individuals with disabilities and/or mental health needs.

NESL works closely with people to develop personalised support plans that cater for their specific needs and goals. These plans could include tasks such as personal care, meal preparation, household chores, transportation, and accessing community activities.

BEING ACTIVE IN YOUR COMMUNITY

-  Nearby supermarkets and independent grocers nearby with services in the heart of the community
-  GP, Dentists and health facilities close by to all provision
-  Local restaurants, cafes and takeaways are nearby to all services for people to enjoy.
-  Good transport links with accessible train journey's into Darlington and links across the North East.
-  All service near to bus stops with good links to Darlington.

Enjoying Community Life

Our homes are located in various areas in the Darlington area. Local towns have cafés, pubs, restaurants, and shops with great access to a range of activities and social interaction. Darlington City Centre is easily accessible from the properties. Here people can enjoy restaurants, numerous art galleries and museums, Shopping Centres or, get out into the parks and countryside for walking.

FEEDBACK ABOUT THE SERVICE

“ I’m very settled here and I get on with everyone ”

Person living at Eastbourne Road

“ We are a very friendly service ”

Staff member

“ A wonderful relaxed and homely atmosphere ”

Relative

“ An excellent service with very well trained and Supportive staff ”

Social Care Professional

WHY POTENS?

We remain committed to **'Supporting your Choice'**

We have over 30 years' experience of delivering specialist community, residential, supported living, respite, educational and day opportunities services for children and adults with learning disabilities, autism, mental health and complex needs.

4 REASONS TO CHOOSE POTENS

TRUST

Ensure that all communications are truthful, understandable to those it affects and maintains the relationship of reliability.

POSITIVE REGARD

Recognising and respecting the differences that every individual brings, both good and bad, and making the necessary adjustments to assist individuals to positively grow.

SHARED LEARNING

An undertaking to: the sharing of knowledge, skills, attitudes and understanding which would ensure that any activity that will be undertaken, will be done to the best of our collective abilities.

EQUALITY

Treating everyone differently in order to afford them the same opportunities. Through personalisation, empowering individuals to make choices and overcome obstacles.

WE SUPPORT A RANGE OF INDIVIDUALS:

- Learning Disabilities
- Autism Spectrum Disorders
- Mental Health
- Support people of all genders

KEY FEATURES

-  **Individual bedrooms**
-  **Personalised room & décor**
-  **Garden spaces**
-  **Communal areas with space for activities**
-  **Communal kitchen**
-  **Short walk from local amenities**
-  **Excellent local transport networks**

What Happens Next?

It all starts with an informal chat with our manager. They will build an understanding of an individual's needs and preferences, making sure the service is right for them.

To learn more about living at one of our services in Darlington, to make a referral or arrange a visit contact our manager:

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