

# THE GOOD DAYS PROJECT

TEL: 0114 232 5182

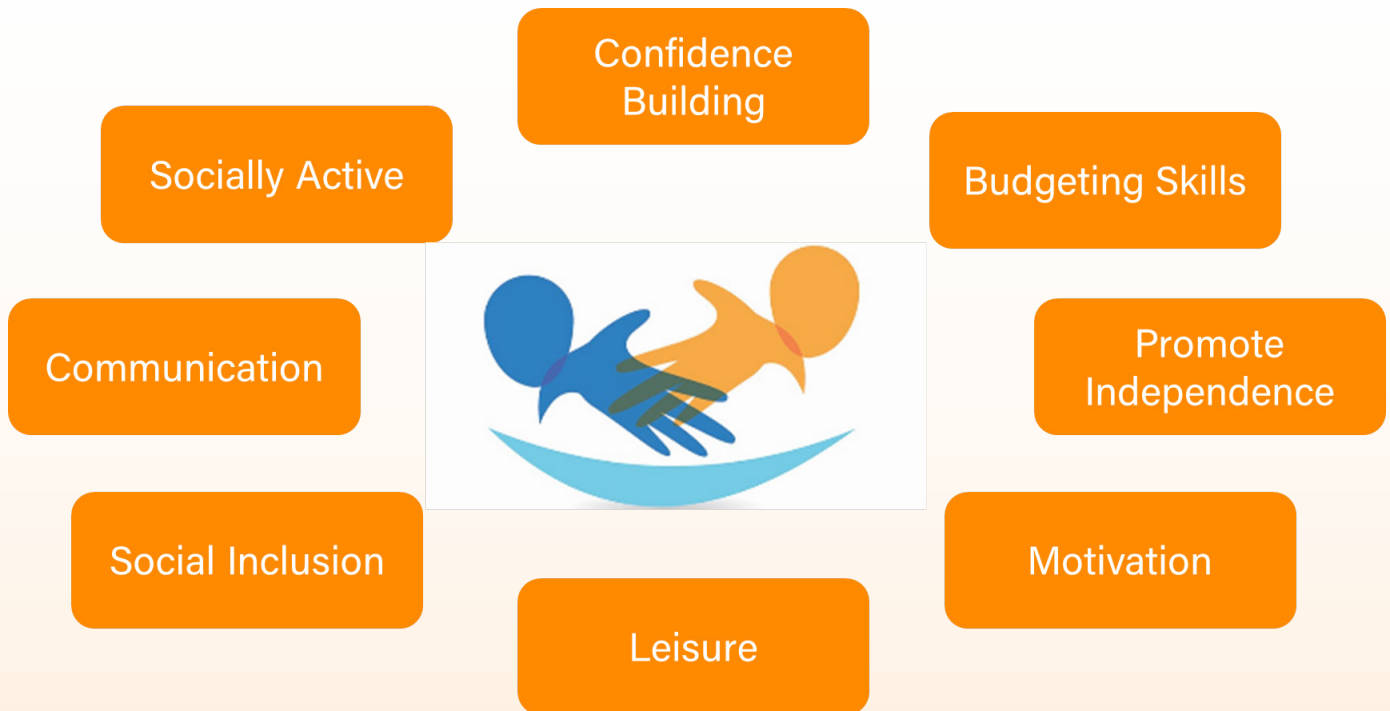


## A bespoke support service for people with autism, profound multiple learning disability and complex needs

- ▶ Well established and highly motivated community staff team trained to a high standard.
- ▶ Flexible support options tailored to individual needs, including day opportunities, evenings, weekends and short breaks.
- ▶ Accessible transport options available
- ▶ Individual packages of support facilitating access to and inclusion within the local community.
- ▶ Promoting choice, personal development, social inclusion, fun and fulfilment!



# Opportunities to Improve Life Skills



“Staff are caring, dedicated and professional, this is not just a job for them they treat people like they are their own family.”

**Family Member**

“The staff worked with each individual in a person centred way and went ‘above and beyond’ ensuring the service was meeting people’s needs .”

**Healthcare Professional**

“This is an excellent service, the staff are of a very high standard and they will quickly resolve any issues we take to them.”

**Family Member**

## Staff Team

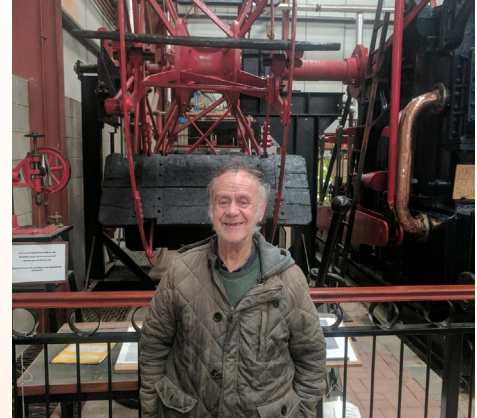
Our carefully selected staff are trained in:

- ▶ Positive behaviour Support
- ▶ Intensive Interaction
- ▶ Moving & Handling
- ▶ Autism Awareness
- ▶ Sensory Integration Therapy
- ▶ Bespoke, Needs led training

# What We Do

Our highly skilled staff team provide a range of support options including 1:1 support, community activities, day opportunities, support in the community and support at home. We design our service around individual need with the key objective of supporting people to reach their full potential and maximise their enjoyment of life. An example of some of the activities we can offer are:

- ▶ Sensory Stimulation
- ▶ Music and Movement
- ▶ Baking
- ▶ Sensory Stories/Creative Reading
- ▶ Rebound Therapy
- ▶ Arts & Crafts
- ▶ Short Breaks



- ▶ Warm Water Therapy
- ▶ Swimming
- ▶ Wheelchair Cycling
- ▶ Ice Skating
- ▶ Horse Riding
- ▶ Day Trips

The Project has an inclusive approach to accessing the community. With a careful planning process, that fully takes in to consideration each person's needs, we can match activity packages and delivery to individual's wishes.

We have hubs located throughout Sheffield offering fully accessible bases where personalised activities can be enjoyed. These environments are designed with fully accessible facilities including wet room and wheelchair accessible kitchen, to enable people to benefit from a safe space to enjoy activities whilst receiving the required support. We also have a number of transport options including wheelchair accessible transport, allow us to design a truly bespoke package of support.

## Outreach

**Linked to our provision, we are also registered to support people in their own homes or in the community in line with their needs and circumstances.**

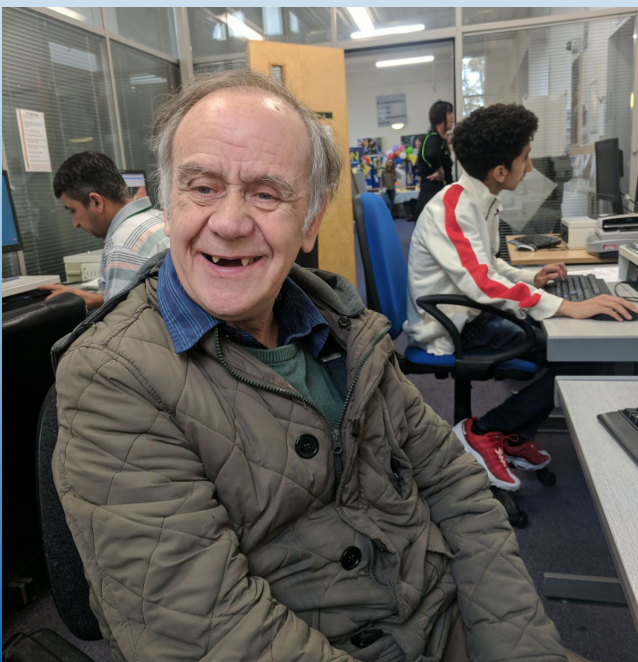
# About Potens

Potens provides a range of services for adults and children with learning disabilities, mental health diagnosis and acquired brain injury; including those on the autistic spectrum and those with Korsakoffs Syndrome.

Service types include residential care homes; single and multiple occupancy supported living; domiciliary care services, respite and short-breaks and day opportunities nationally.

Our service are regulated by the Care Quality Commission (CQC; the Care and Social Services Inspectorate for Wales (CSSIW); or the Regulation and Quality Improvement Agency (RQIA) in Northern Ireland.

Regulators carry out inspections to ensure we comply with their regulations and provide high quality care and support to each person.



A member of our friendly team would be happy to discuss your circumstances and explore how we can offer support. Please get in touch via phone or email



## CONTACT:

**To make a referral or to chat through opportunities contact:**

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