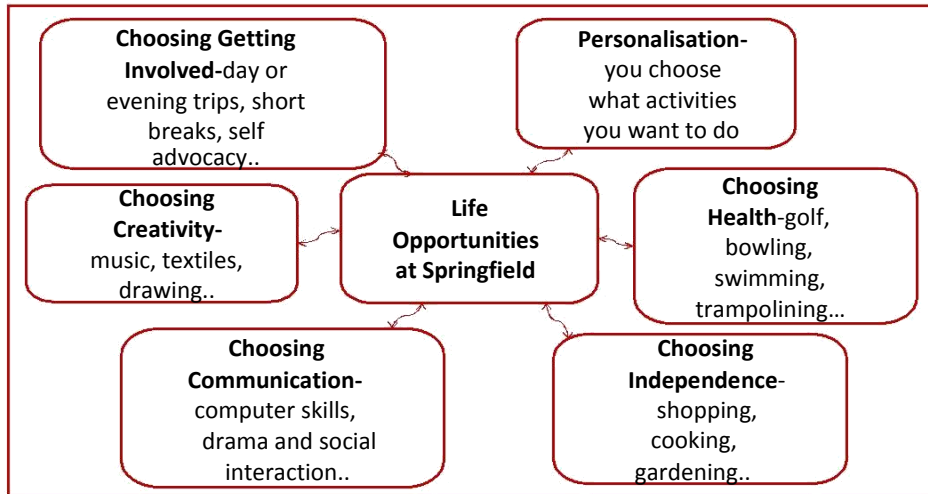


## Life Opportunities

The people we support benefit from the following:



**Direct payments have been of great benefit to Jonathan**, and been beneficial to ourselves, his parents, through three main areas:

*Extended support in the evening*-staying for his tea followed by attending the Gateway Club (something he avoided with his parents)

*One to one days*-enabling improved communication and social interaction with a number of support workers and other individuals

*Overnight stays*-as an alternative to local authority provided respite, supported in a local hotel with activities of choice

As elderly parents, we hope to prepare Jonathan well for the future and leaving the family home, Springfield is helping us in that goal.

Please contact Catherine Corner at

### Springfield Centre

98 Salters Lane South

Darlington, DL1 2AN

Tel: **01325 382095**

Email: [springfield@potens-uk.com](mailto:springfield@potens-uk.com)



Potens provides a range of specialist support services for adults with complex needs throughout England, North Wales and Northern Ireland.

[www.potens-uk.com](http://www.potens-uk.com)



## Springfield Centre

- ◆ **Flexible life opportunities for adults with learning disabilities or complex needs, including physical disabilities**
- ◆ **Fully accessible with varied mixed ability activities**
- ◆ **Encourages choice, control and self advocacy**
- ◆ **Offers 1:1 or group support, with a variety of facilities**
- ◆ **Takes a person centred approach, encouraging as much independence as possible & focused on individual goals**
- ◆ **Facilitates access to many, local inclusive community activities**

The **Springfield Centre** is an established life opportunities centre close to the town centre and community activities of Darlington. It provides a flexible approach to learning new skills and building social networks with other adults of varied abilities, support, varied activities, social interaction and flexible support options are provided to adults of all ages and abilities for the short or long term.

The people supported at Springfield benefit from a skilled and experienced staff team, a flexible approach to learning new skills and building social networks with other adults of varied abilities.



**Support** provided at Springfield: *Risk managed* activities and opportunities

*Accessible* transport or public transport

*Refreshments*, snacks and simple meals

*Extended hours of support* from early evening, weekends, personalised 1:1 hours or sessions, overnight stays

*Two buildings in Darlington*, one with large garden and horticultural activities plus cookery teaching facilities

*Person centred support* around interests, aspirations and direct payments or personal budgets

