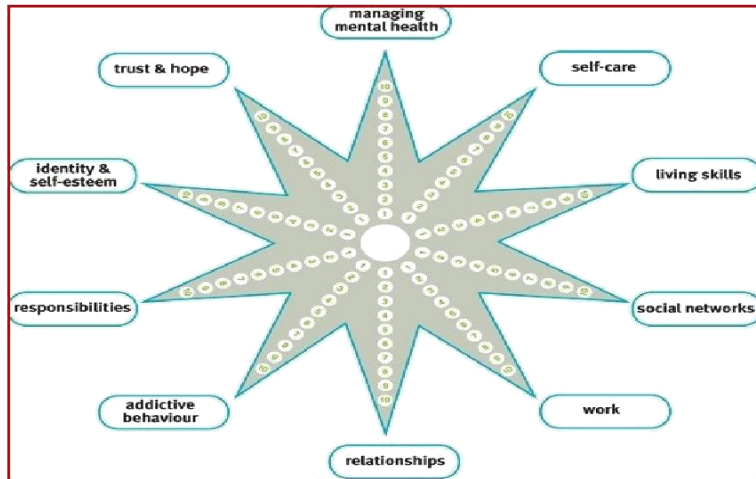


Parkside Lodge provides appropriate support and liaison with local professionals and organisations focused around the ten outcomes of the **Mental Health Recovery Star**:



Please contact the Manager at

### **Parkside Lodge**

17-19 Windermere Street

Gateshead, NE8 1TU

Tel: **0191 477 0719**

Email: [parksidelodge@potens-uk.com](mailto:parksidelodge@potens-uk.com)

Potens provides a range of specialist support services for adults with complex needs throughout England, North Wales and Northern Ireland.

[www.potens-uk.com](http://www.potens-uk.com)



## **Parkside Lodge**

- ◆ **Registered Residential home for people with mental health issues and complex needs**
- ◆ **Provides a homely environment, with a variety of facilities**
- ◆ **Support is provided to encourage independence & crisis management**
- ◆ **Rehabilitative support focused around the outcomes of the Mental Health Recovery Star**
- ◆ **Encourages inclusion in the local community**

**Parkside Lodge** is close to the town centre and community activities of Gateshead. The service offers people with high support needs a package which includes individualised support & care, in a stable environment, aiding activities of daily living.

The skilled staff team are qualified to EDI Level 5 Diploma and have Mental Health Accreditation alongside training in risk assessment, person centred planning, safeguarding and daily recording.



### **Parkside Lodge offers support**

for:

- personality disorder
- bi-polar
- schizophrenia
- depression
- self harm

**Support** can also be offered for clients on a Community Treatment Order or Section under the Mental Health Act.

**Staff** work in partnership with other concerned professionals to involve residents with local therapeutic resources such as CPN's, mental health clinics and substance misuse teams.

