



# MIDDLETON LODGE

*Middleton St George*  
**Darlington**

*DL2 1JA*



**Middleton Lodge** provides specialist residential support support for up to 10 individuals in a spacious detached bungalow in Middleton St George, Darlington.

- The service is situated in the centre of Middleton St George in Darlington .
- Middleton Lodge is very close to various public transport links with easy access to nearby towns and cities such as Darlington, Stockton on Tees and Middlesbrough.

# WHAT WE ENJOY DOING @ MIDDLETON LODGE

- Garden games
- Trips out on the mini bus to the beach, Whitby Flamingo Land & the Zoo
- Meals out
- Bingo
- Gateway club
- Attending hairdressers/barbers
- Pamper sessions
- Music nights and karaoke
- Games night
- Baking
- Shopping
- Cinema
- Bowling
- Swimming
- Horse-riding
- Movie night
- Quiz Nights

## LOCAL COLLEGES

### DARLINGTON COLLEGE

*A bus ride away just out of the town centre*

### MIDDLESBROUGH COLLEGE

*Accessible by train*

### STOCKTON COLLEGE

*Accessible by train and bus*

## FEEDBACK ABOUT THE SERVICE

“People were supported by kind and respectful staff who valued people’s individuality and independence. We observed positive interactions between people and staff. People could make choices about how they wanted to be supported and staff treated them with dignity and respect. There was a welcoming and homely atmosphere at the service.”

*CQC Report*

“People were supported to have maximum choice and control of their lives and staff supported them in the least restrictive way possible.”

*CQC Report*

“They work well with us and support our involvement at all levels.”

*Healthcare Professional*

“I like having the staff around for when I need them it keeps me safe.”

*Person We Support*

“We get calls if our relative is unwell and the manager always ensures a quick visit by a GP or District Nurse.”

*Relative*

## WHY POTENS?

We remain committed to **'Supporting your Choice'**

We have over 30 years' experience of delivering specialist community, residential, supported living, respite, educational and day opportunities services for children and adults with learning disabilities, autism, mental health and complex needs.

# 4 REASONS TO CHOOSE POTENS

## TRUST

Ensure that all communications are truthful, understandable to those it affects and maintains the relationship of reliability.

## POSITIVE REGARD

Recognising and respecting the differences that every individual brings, both good and bad, and making the necessary adjustments to assist individuals to positively grow.

## SHARED LEARNING

An undertaking to: the sharing of knowledge, skills, attitudes and understanding which would ensure that any activity that will be undertaken, will be done to the best of our collective abilities.

## EQUALITY

Treating everyone differently in order to afford them the same opportunities. Through personalisation, empowering individuals to make choices and overcome obstacles.



## WE SUPPORT A RANGE OF INDIVIDUALS:

- Learning difficulties
- Challenging behaviour
- Autism
- Male and Female
- Ages 37-72

Middleton Lodge offers a warm and welcoming environment which is staffed 24/7. Individuals are provided with emotional and practical support they need to live life to the full and engage in community activities. Our service takes a person centred approach, focused on positive outcomes for each individual.



**10 private en-suite bedrooms**



**Communal lounge and activity rooms**



**Personalised room & décor**



**Large front and rear gardens**



**Local amenities**



**Communal kitchen**



**Short walk from village centre**



**Local transport networks**

KEY FEATURES

To arrange a viewing or find out more about the service please contact:

**MELANIE WILLIAMS**

*Manager*

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