








Heath Lodge Community Home is an 8 bedded registered care home for male and female adult's age range 18+ whom experience mental health and Learning disabilities

-  We deliver a 24/7 residential services for adults over the age of 18 with severe/enduring and/or acute mental illness. They may also have a learning, sensory or physical disability.
-  We are committed to ensuring quality outcomes for each person, focusing on recovery and pathways to independent community living.
-  Our Philosophy is to emulate as far as possible within the boundaries of risk management and according to each person's individual needs an environment that mirrors family life and allows each Service user the support to achieve their full potential.
-  We encourage a recovery and re-enablement model of support - taking an individualised approach with the aim being to achieve what the person themselves would see as regaining a meaningful life, with staff on hand to facilitate this.
-  Service users have access to the computer to talk via web cam and e mail to family and friends world wide. Family members will be involved and informed of all decisions relating to the needs of their relative if the decision has been made by the service user to involve them.
-  The approach used by staff is person centred with the service user driving the level of support as much as possible.
-  We encourage the help and support of families, friends and professionals in the recovery of the individual.



Success story and achieved outcomes for type of provision...

X has a learning disability and behaviours that may be described as challenging. The team at Heath Lodge work closely with his Learning Disability Nurse – with joint working to develop his behavioural support plans with the aim to reduce his anxiety.

Over the past 12 months there has been a significant reduction in the intensity and frequency of incidents, with staff supporting X to self manage his emotions and support him well when he is feeling anxious. This includes redirecting his behaviours and helping him to de-escalate.

X has built up a great relationship with his staff team, who he trusts and looks to for support with his emotions when he is starting to feel anxious.

X has recently been diagnosed with bowel cancer and the staff team have supported him from identifying there was a problem, resulting in early diagnosis, right through to post surgery care and support – specifically in regards to his emotional wellbeing and understanding of each stage.

OUTCOME:

- X has fully recovered from his surgery and the consultant praised staff for spotting there was a problem so early - this may have saved his life.
- Being supported by a team who know him well has enabled both his physical and mental health to be monitored to ensure he remains well.
- He has made great progress and achieved goals throughout the year that have made a positive contribution to his life, health and recovery journey.

CONTACT THE TEAM TODAY

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