

# ELM ROAD NORTH

23 ELM ROAD NORTH

PRENTON



Registered Residential Care Home for up to 5 male adults with a learning disability and complex needs.



Elm Road North is close to the town centre and community activities of Birkenhead.



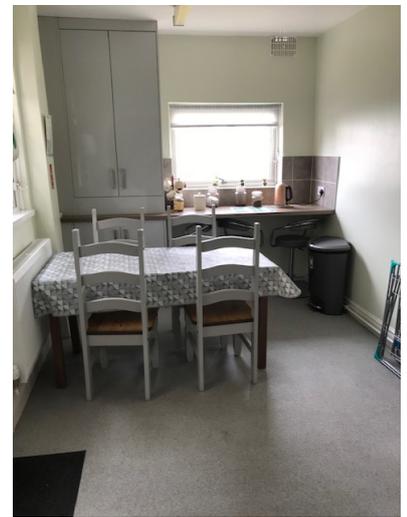
Taking a person centred approach, support is organised to focus on agreed outcomes.



Well trained and value driven staff team that support an effective communication system and purposeful pathway.



Individual packages of support and care in a stable environment aiding activities of daily living.



Elm Road North has a commitment to promote individual independence by inclusion, involvement and participation. Staff are trained to deliver an active support model of care and support to enable independence in line with the individual needs of residents.

Spacious terraced house with 6 rooms over 2 floors, with neutral decoration and space for sleeping and living in each personal room. There are a variety of communal rooms, bathrooms, shower wetroom, lounge, dining room and kitchen, plus gardens.



## Success story and achieved outcomes...

Andrew has suffered with Agoraphobia for many years. When he first came to live at Elm Road North in Prenton, Birkenhead he had not taken part in outings or community access - except being in the car with his parents.

Staff tried many different strategies to help Andrew with managing his anxieties. They keep to his normal routine of going out in the car, which he often did with his dad. Overtime Andrew became more trusting of his staff team. If he became anxious when leaving the house staff would wait 15 minutes for him to self-manage his emotions.

Staff used lots of praise and verbal encouragement when Andrew did go out. On one occasion Andrew approached staff and asked if he could go to Tesco. This was a big achievement for Andrew making a choice. Staff supported him to shop and pick the things he wanted, e.g. shampoo, yoghurts, a magazine and bananas - all which he chose independently. On arriving home Andrew was praised and he was very happy.

**OUTCOME:** Andrew now regularly accesses his community. He has recently taken part in some group activities – going to Wales, Blackpool and Chester on days out. Andrew is very confident being out in the community now, and both his parents and the staff team who support him are extremely proud.

**CONTACT THE TEAM TODAY**

TEL: 0151 200 2444

EMAIL: [paula.prescott@potens-uk.com](mailto:paula.prescott@potens-uk.com)