## CROMPTON STREET LIVERPOOL MERSEYSIDE



Crompton street is a purpose build bungalow in North Liverpool residential area with good transport links to the City Centre, Crosby and Southport areas.

- Registered Residential service for people with mental health issues and complex needs
- The aim of the service is to deliver first class quality care and support to adults with mental health issues, challenging behaviours, autism, learning disabilities and communication problems
- Here we support people in managing a range of issues including their finances, diet & nutrition, positive social inclusion and daily living skills.
- We encourage a recovery and re-enablement model of support taking an individualised approach with the aim being to achieve what the person themselves would see as regaining a meaningful life, with staff on hand to facilitate this.
- High Upon admission a person centred support and enablement plan is developed and is based upon goals and outcomes an individual wants to achieve.
- Staff are trained in the delivery of personal care and will support with this in line with commissioned needs.
- We encourage the help and support of families, friends and professionals in the recovery of the individual.





## Success story and achieved outcomes for type of provision...

M has Dependent Personality Disorder, severe anxiety and depression.

M was very unmotivated when she moved in and had high levels of selfneglect in regards to her personal care.

The team linked to the community mental health team which led to discussions around her best interests and a DoLs was authorised by the Local Authority for personal care. Small measures were put in place to ensure M had the privacy she needed and the time to engage. Overtime trust was developed with staff and she started to engage.

Staff approached M daily to encourage her to take part in personal care – advancing from simply washing her hands and face to slowly progressing to the bathroom. With praise of achievement and recognised progress, her self-esteem grew and she began to accept and seek staff out on a more regular basis for support with personal care.

## **OUTCOME:**

4 months on the DoLs has been reviewed and M has been assessed as now having capacity. There are now no restrictions on her Liberty and she is taking pride in her appearance, has purchased new clothes and has visibly improved mental wellbeing as a result.

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