

**Belgrave Terrace** is a welcoming, supportive and stimulating residential service for people with Learning Disabilities.

The property has 8 single bedrooms across 3 floors with one bedroom en-suite. There is also a lounge, kitchen, dining room and shared bathroom, with a wet room.

The people we support at Belgrave terrace are aged between 41-80. Their interests include crafts baking, sports and gardening.

# BEING ACTIVE IN YOUR COMMUNITY



Numerous convenience stores in walking distance and Iceland, Asda and Aldi are close by in South Shields.



GP and Dentist only a few streets away.



Local Pub, Italian, Indian and Chinese Restaurant near by.



South Shields Metro is a short walk away with links to Gateshead, Newcastle and North Shields.



Bus routes into South Shields, Gateshead and Newcastle.

At Belgrave Terrace we are close to the town center and community activities of South Shields, just a short stroll away from South Shields Pier.

The local area has many cafes, pubs, restaurants and shops, as well as Ocean Beach Pleasure Park, Tynemouth Castle and South Shields Museum.

Newcastle City Centre is accessible via public transport with access to larger shops and amenities. In the city you can enjoy trips to the Quayside, Life Science Centre, the Discovery Museum, Eldon Square shopping Centre and Newcastle Castle.

#### FEEDBACK ABOUT THE SERVICE

66 I have no concerns at all. The carers treat her like one of their own family; they are superb I could not fault them.

Relative

46 I feel safe and secure living here, I know that the staff are always around to make sure I'm ok

Person Supported

I think the home is very pleasant, it's nice and bright and a real home to me ??

Person Supported

#### WHY POTENS?

We remain committed to 'Supporting your Choice'

We have over 30 years' experience of delivering specialist community, residential, supported living, respite, educational and day opportunities services for children and adults with learning disabilities, autism, mental health and complex needs.

# REASONS TO CHOOSE POTENS

#### **TRUST**

Ensure that all communications are truthful, understandable to those it affects and maintains the relationship of reliability.

# **POSITIVE REGARD**

Recognising and respecting the differences that every individual brings, both good and bad, and making the necessary adjustments to assist individuals to positively grow.

#### SHARED LEARNING

An undertaking to: the sharing of knowledge, skills, attitudes and understanding which would ensure that any activity that will be undertaken, will be done to the best of our collective abilities.

# **EQUALITY**

Treating everyone differently in order to afford them the same opportunities. Through personalisation, empowering individuals to make choices and overcome obstacles.

#### WE SUPPORT A RANGE OF INDIVIDUALS:

- Learning Disabilities
- Mental health needs
- Male and Female
- Aged 18+ (including over 65)





**Neutral rooms to encourage personalization** 

**Enclosed garden area** 

**Communal areas with space for activities** 

Communal kitchen

**Short walk from local amenities** 

**Excellent local transport networks** 

### **What Happens Next?**

It all starts with an informal chat with one of our managers. They will build an understanding of an individuals needs and preferences, making sure the service is right for them.

To Learn more about independent living at Belgrave Terrace make a referral or arrange a visit by contacting our manager:

## **Joy Kerr**

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www.potens-uk.com





