The outreach support service from the Croft Unit will offer appropriate support and liaison with local professionals and organisations focused around the ten outcomes of the Mental Health Recovery Star:

- Registered Residential home for people with mental health issues and complex needs
- Provides a homely environment, with a variety of facilities
- Support is offered to encourage independence & crisis management
- Rehabilitative support focused around the outcomes of the Mental Health Recovery Star
- Encourages inclusion in the local community

Supported Living for adults with mental health needs is available in New Kyo, County Durham. The Croft Unit successfully supports individuals and enables and encourages people to move on to independent living in the local area. The staff team consider that continuity of support enables service users to successfully live independently whilst knowing where to request help should they fall into crisis to avoid costly re-admission to hospital or residential care.

Please contact the Manager at

Croft Unit
Sabin Terrace
New Kyo, DH9 7JL
Tel: 01207 283082
Email:croftunit@potens-uk.com

Potens provides a range of specialist support services for adults with complex needs throughout England, North Wales and Northern Ireland.

www.potens-uk.com

The Croft Unit is close to the community facilities of New Kyo near Stanley in County Durham. The service offers people with high support needs a package which includes individualised support & care, in a stable environment, aiding activities of daily living.

The skilled staff team benefit from training and awareness of mental health needs, risk assessment, person centred planning, POVA, daily recording, skills development for independent living and crisis management.

The Croft Unit offers support for:
- personality disorder
- bi-polar
- schizophrenia
- depression
- poor motivation
- self harm

Support can also be offered for clients on a Community Treatment Order or Section under the Mental Health Act.

Staff work in partnership with other concerned professionals to involve residents with local therapeutic resources such as CPN’s, mental health clinics and substance misuse teams.